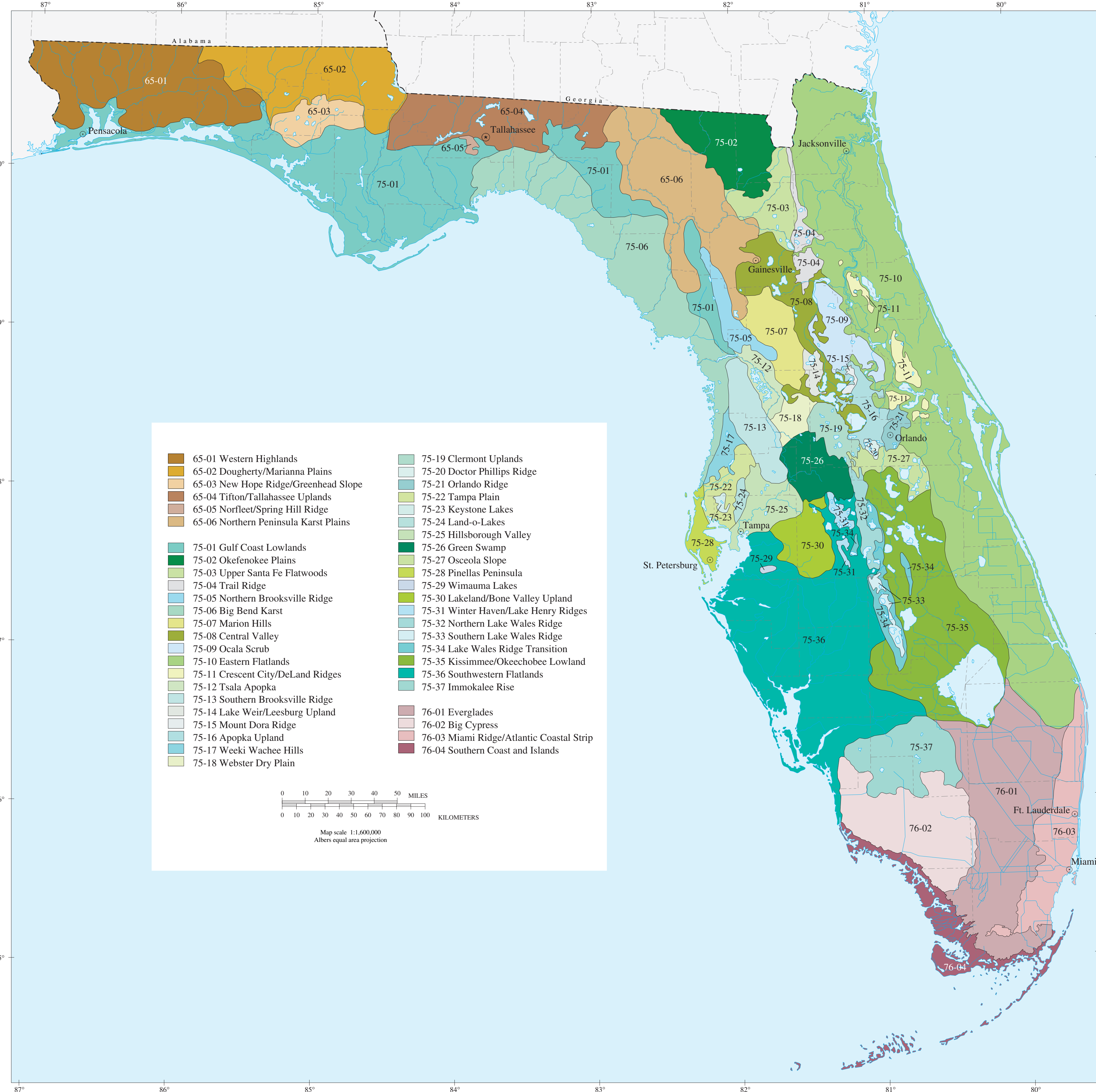


Lake Regions of Florida

Florida's lakes provide important habitats for plants, birds, fish, and other animals, and comprise a valuable resource for human activities and enjoyment. More than 7,000 lakes are found in Florida, and they occur in a variety of ecological settings. The physical, chemical, and biological diversity of these lakes complicates lake assessment and management. In many states, it has been shown that water resources can be managed more effectively if they are viewed within a regional framework that reflects differences in their quality, quantity, hydrology, and their sensitivity or resilience to ecological disturbances. To develop cost-effective lake management strategies that protect or restore water quality in Florida, lake regional differences in the capabilities and potentials of lakes must be considered. Hydrologic unit or basin frameworks are often used for water quality assessments and ecosystem management activities, but these units or basins do not correspond to the spatial patterns of characteristics that influence the physical, chemical, or biological nature of Florida lakes.

General patterns of geology and physiography have been used previously to explain regional differences in Florida lake water chemistry (Canfield and Hoyer 1988; Polman and Canfield 1991), and ecosystem characteristics of Florida lakes have been summarized (Brenner et al.

1990). Building on this work, as well as on a Florida ecoregion framework (Griffith et al. 1994), we have defined these forty-seven lake regions as part of the Florida Department of Environmental Protection's (FL DEP) Lake Bioassessment/Regionalization Initiative. The spatial framework was developed by mapping and analyzing water quality data sets in conjunction with information on soils, physiography, geology, hydrology, vegetation, climate, and land use/land cover, as well as relying on the expert judgment of local limnologists and resource managers. This framework delineates regions within which there is homogeneity in the types and quality of lakes and their association with landscape characteristics, or where there is a particular mosaic of lake types and quality. More detailed descriptions of methods, materials, and lake region characteristics can be found in Griffith et al. (1997). The identifier for each lake region consists of two numbers: the first number (65, 75, or 76) relates to the United States Environmental Protection Agency (USEPA) ecoregion number (Omernik 1987; US EPA 1997), and the second number refers to the Florida lake regions within an ecoregion. The Florida Lake Regions and associated maps and graphs of lake chemistry are intended to provide a framework for assessing lake characteristics, calibrating predictive models, guiding lake management, and framing expectations by lake users and lakeshore residents.



- 65-01 Western Highlands
- 65-02 Dougherty/Marianna Plains
- 65-03 New Hope Ridge/Greenhead Slope
- 65-04 Titton/Tallahassee Uplands
- 65-05 Norflee/Spring Hill Ridge
- 65-06 Northern Peninsula Karst Plains
- 75-01 Gulf Coast Lowlands
- 75-02 Okfeoknee Plains
- 75-03 Upper Santa Fe Flatwoods
- 75-04 Trail Ridge
- 75-05 Northern Brooksville Ridge
- 75-06 Big Bend Karst
- 75-07 Marion Hills
- 75-08 Central Valley
- 75-09 Ocala Scrub
- 75-10 Eastern Flatlands
- 75-11 Crescent City/Deland Ridges
- 75-12 Tsala Apopka
- 75-13 Southern Brooksville Ridge
- 75-14 Lake Weir/Leesburg Upland
- 75-15 Mount Dora Ridge
- 75-16 Apopka
- 75-17 Weeki Wachee Hills
- 75-18 Webster Dry Plain
- 75-19 Clermont Uplands
- 75-20 Doctor Phillips Ridge
- 75-21 Orlando Ridge
- 75-22 Tampa Plain
- 75-23 Keystone Lakes
- 75-24 Land-o-Lakes
- 75-25 Hillsborough Valley
- 75-26 Green Swamp
- 75-27 Osceola Slope
- 75-28 Pinellas Peninsula
- 75-29 Wimaua Lakes
- 75-30 Lakeland/Bone Valley Upland
- 75-31 Winter Haven/Lake Henry Ridges
- 75-32 Northern Lake Wales Ridge
- 75-33 Southern Lake Wales Ridge
- 75-34 Lake Wales Ridge Transition
- 75-35 Kissimmee/Okcechoke Lowland
- 75-36 Southwestern Flatlands
- 75-37 Immokalee Rise
- 76-01 Everglades
- 76-02 Big Cypress
- 76-03 Miami Ridge/Atlantic Coastal Strip
- 76-04 Southern Coast and Islands

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The rolling hills of the Western Highlands lake region are covered by mixed hardwood and pine forest, with some cropland and pasture. It is a region of streams, but very few natural lakes. The region contains some oxbow lakes and other lowland lakes of the river floodplains. A few ponds and small reservoirs for cattle or recreation have been created by damming up small drainage. Similar to the streams of the region that feed these small reservoirs, they would generally be turbid, softwater, low to moderate nutrient lakes, with high nutrient inputs were low. However, most lakes in this region, including Karst, Hurricane, and Bear lakes, have been artificially limed and fertilized in an attempt to increase fish production. Phosphorus values have increased for some of these lakes from the 10-20 µg/L range in the 1970s to more than 70 µg/L by the 1990s.



The Dougherty/Marianna Plains lake region is an eroded limestone area that is generally more flat than the regions to the east and west, with agriculture as a dominant land use. Elevation generally 100 to 200 feet, but include Florida's high point of 345 feet in northwest Walton County. The Florida aquifer is at or near the surface in much of the region. The solution activity on the limestone bedrock has formed numerous sinks, caverns, springs, and other features. Many of these features are called bayou, oxbow, or dead swamps, or gum ponds, contain ponds or small lakes surrounded by cypress trees and other hydrophytic vegetation. The limestone is exposed in some areas, but in other areas, sands and clays seal reach thicknesses over 200 feet. The chemical characteristics of these lakes are generally more acidic and dark. Lake DeFuniak is surrounded by urbanization, but remains clear and unproductive with low color and low nutrients.



The New Hope Ridge/Greenhead Slope is an upland sand ridge region, 100-300 feet in elevation, with a relatively high density of solution lakes for the Florida Panhandle. Similar to other well-drained upland sand ridge areas in Florida, the region is a high recharge area for the Florida aquifer. It contains clear, acidic, softwater lakes of extremely low mineral content. The lakes are very low in nitrogen and phosphorus, low in chlorophyll a, and are among the most oligotrophic lakes in the United States. Along with the lakes in the Trail Ridge region (75-04), these are some of the most acid-sensitive lakes in Florida. Lakes connected to stream drainages, such as Black Double Lake and Lighter Log Lake in Washington County are more colored.

Many clearer lakes are found in region 65-03, and a few clearer lakes, such as Lake Cassidy, occur in 65-02.



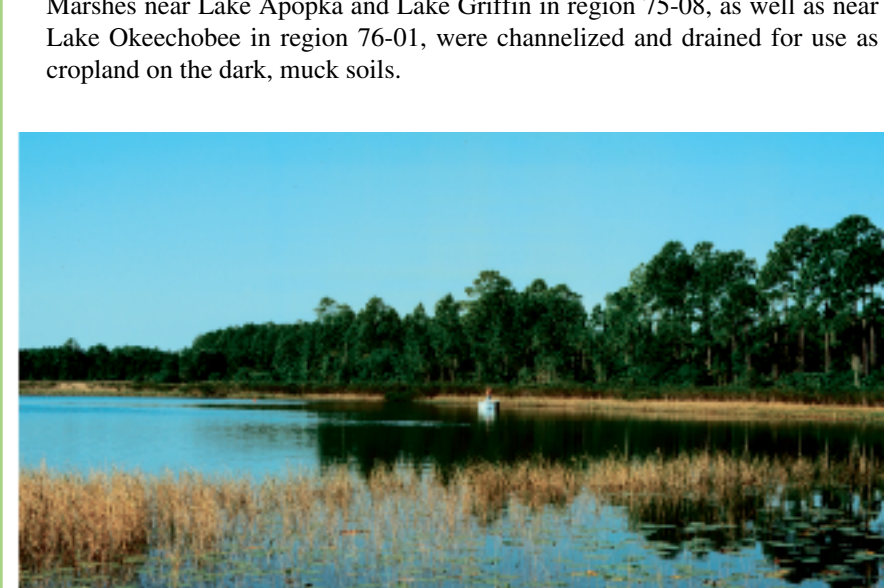
Several types of lakes occur in the Gulf Coast Lowlands lake region, including coastal dune lakes, flatwoods lakes, "edge lakes", river floodplain or oxbow lakes (Dead Lake), and reservoirs (Deer Point Lake). Most of the lakes tend to be darkwater, acidic, softwater lakes with low to moderate nutrients. Coastal dune lakes have higher sulfate, sodium, and chloride levels than inland lakes, and can freshen or turn salty depending on rainfall, saltwater input, or salt spray. Flatwood lakes receive the majority of their water from direct rainfall and runoff from surrounding poorly drained soils. Sag ponds or "edge lakes" are found at the foot of relict marine terrace spurs or where soluble limestone that is near the surface abuts an upland of thick insoluble sands. An example is Chunky Pond near the western edge of the Northern Brooksville Ridges (75-05).



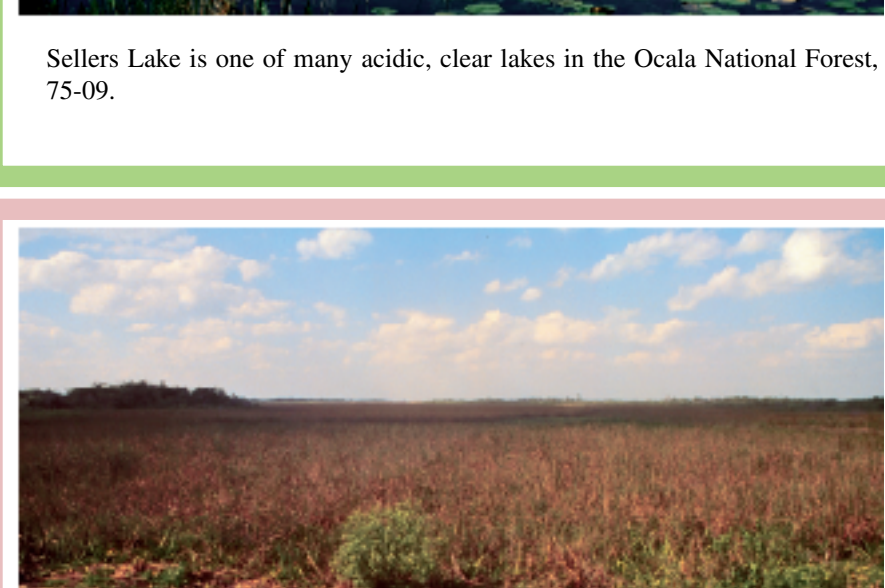
The Okfeoknee Plains lake region consists of flat plains and terraces with pine flatwoods and swamp forests over peat, muck, clayey sand, and phosphatic deposits. The few lakes in the region are primarily in the southern part, and include Ocean Pond, Palestine Lake, Swift Creek Pond, and Lake Fisher. These are highly acidic, darkly colored, softwater lakes. The region's median pH value of 4.7 is the lowest of all Florida lake regions. Although Ocean Pond is one of Florida's most acidic lakes, it supports a sustained sport fishery for largemouth bass, black crappie, bluegill, and other centrarchids. Phosphorus values for the lakes are generally in the 10-20 µg/L range, but Swift Creek Pond has higher phosphorus values and there may be other phosphatic areas. An example is Chunky Pond near the western edge of the Northern Brooksville Ridges (75-05).



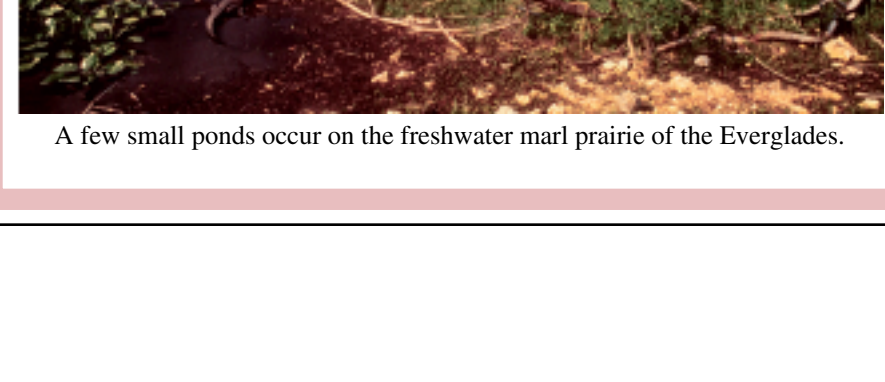
The Upper Santa Fe Flatwoods region, with elevations generally 120-180 feet, is an area of pine flatwoods and some swamp forests. Lakes in this region include Alto, Butler, Crosby, Hampton, Hickory Pond, Little Santa Fe, Punchbowl, Rowell, Sampson, and Santa Fe. The lakes occur on thin Pliocene-Pleistocene sediments that overlie the deeply weathered sand and kaolinitic clay of the Miocene Hawthorn Group. The lakes of the region are slightly acidic, colored, with low to moderate nutrients. The pH and alkalinity levels are slightly higher than the Okfeoknee Plains (75-02) to the north, and phosphorus levels of the lakes are relatively low, averaging in the 10-15 µg/L range. Lakes Rowell and Sampson have different water chemistry values due to wastewater treatment plant discharges from the city of Starke via Alligator Creek.



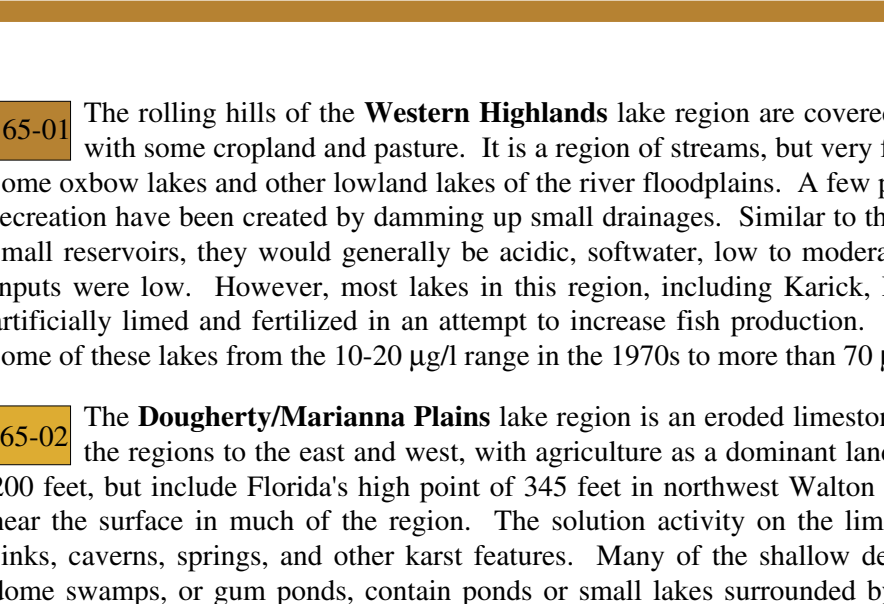
From a narrow ridge in the north, the Trail Ridge lake region broadens to the south, becoming a karstic landscape with numerous solution depressions and lakes. The region is dominated by well-drained, nutrient-poor upland soils, such as the Candler, Apopka, Astutula, and Tavares series, with longleaf pine-xerophytic oak vegetation. Lakes in the Trail Ridge region are mostly small, acid, clear, oligotrophic lakes. To the south, conductance and macrophytes in the lakes tend to increase. Atmospheric deposition might be contributing to some acidification of lakes in this region. Kingsley Lake is one of the largest lakes in the region and one of the deeper lakes in Florida. It differs from other Trail Ridge lakes, with higher pH, alkalinity, and a different cation/anion mix that reflects groundwater inputs.



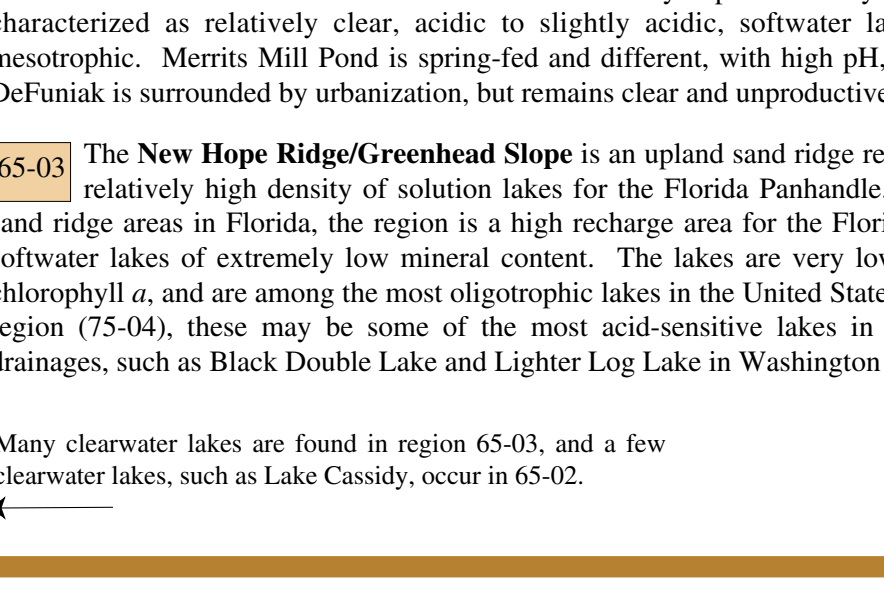
The Northern Brooksville Ridge region has an irregular land surface, with elevations varying over short distances from about 75 to 100 feet. The region is dominated by well-drained, nutrient-poor upland soils, such as the Candler, Apopka, Astutula, and Tavares series, with longleaf pine-xerophytic oak vegetation. Lakes in the Trail Ridge region are mostly small, acid, clear, oligotrophic lakes. To the south, conductance and macrophytes in the lakes tend to increase. Atmospheric deposition might be contributing to some acidification of lakes in this region. Kingsley Lake is one of the largest lakes in the region and one of the deeper lakes in Florida. It differs from other Trail Ridge lakes, with higher pH, alkalinity, and a different cation/anion mix that reflects groundwater inputs.



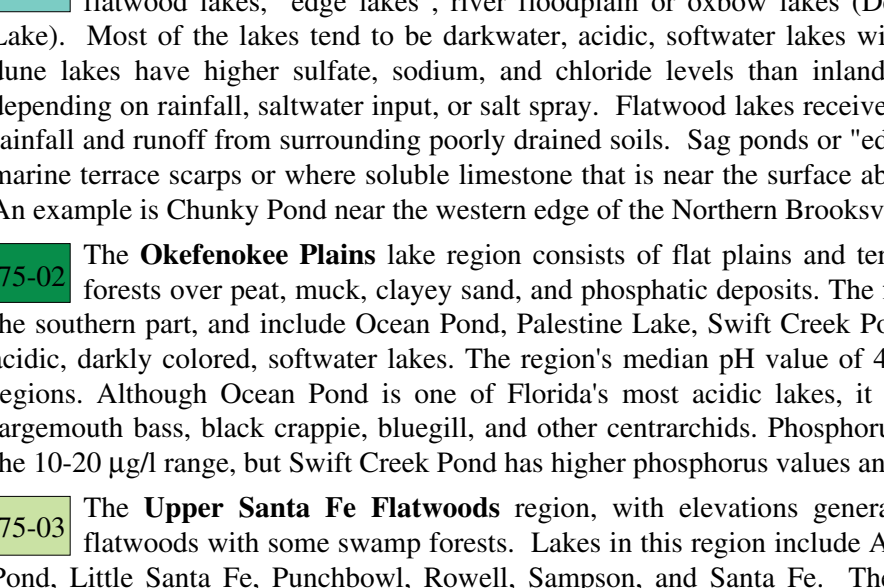
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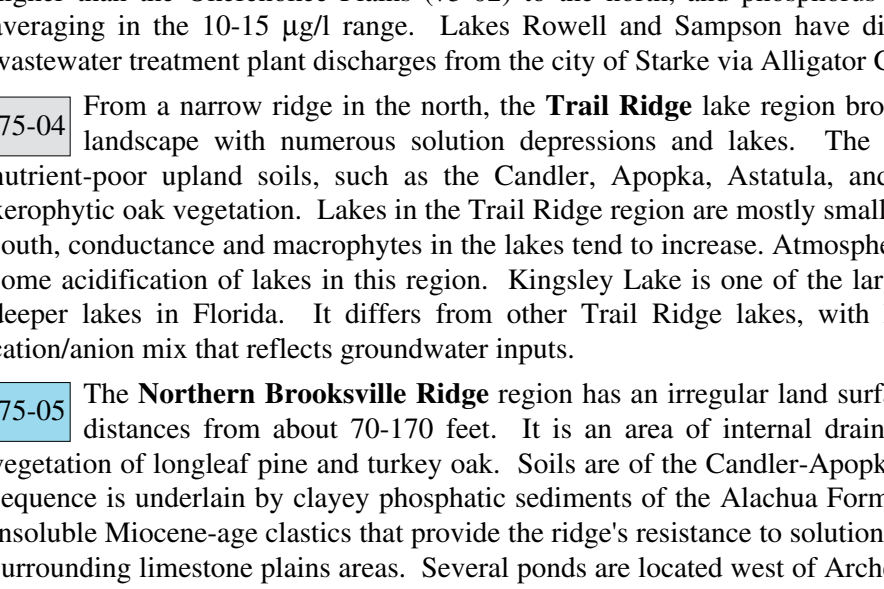
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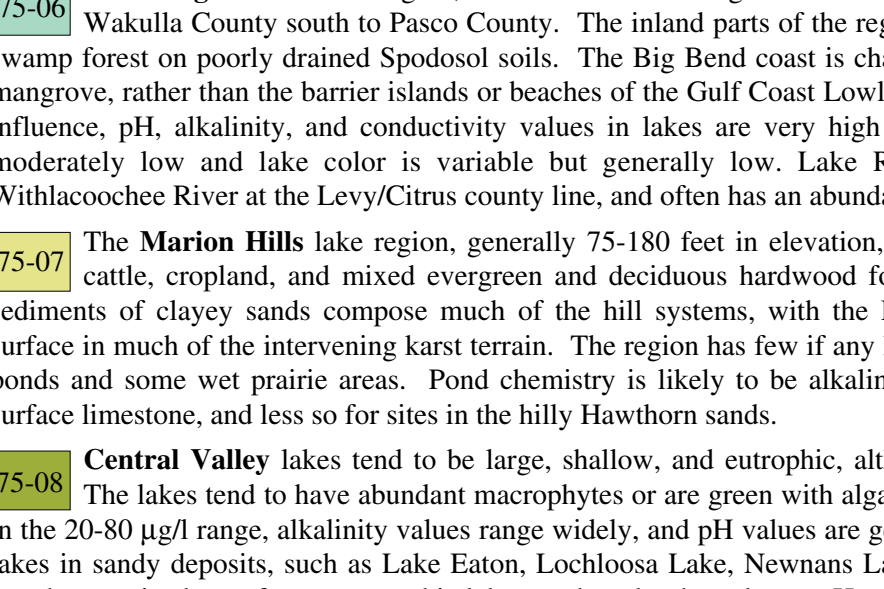
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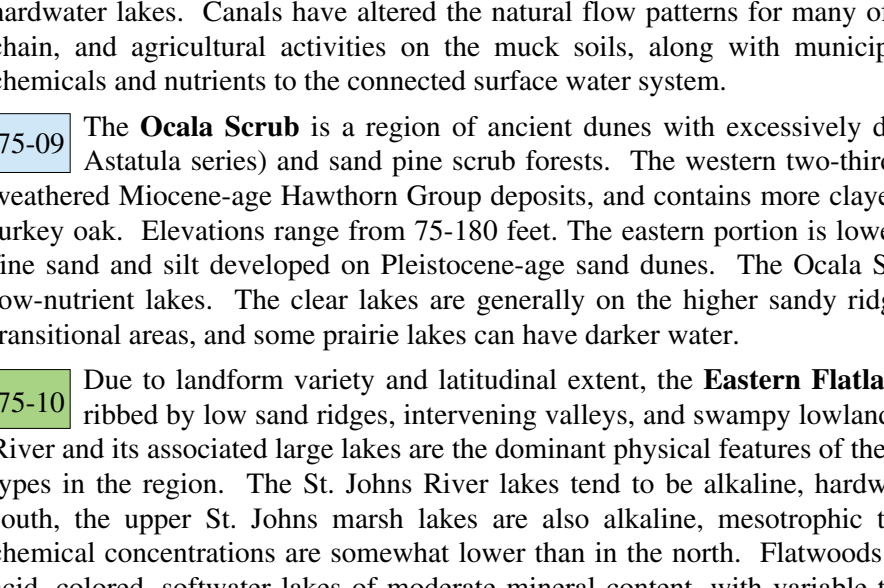
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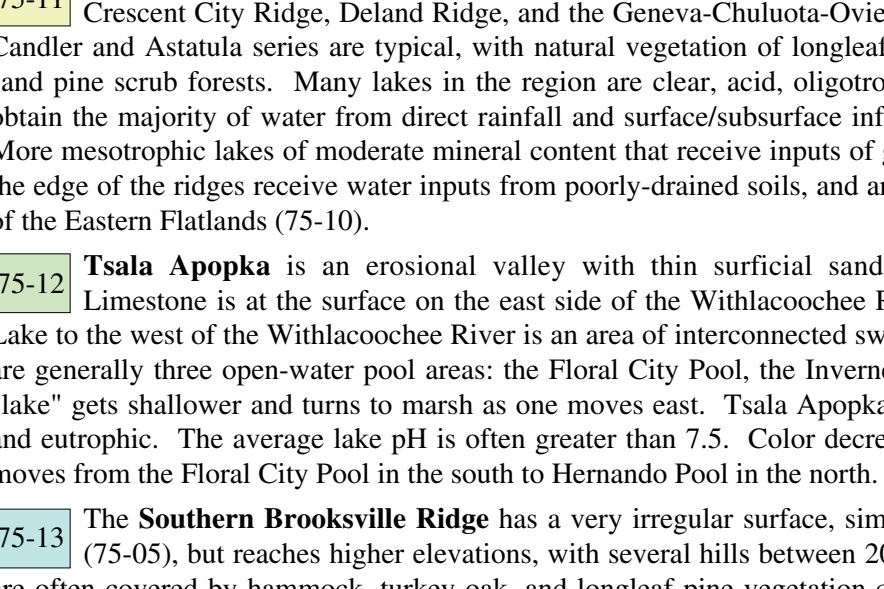
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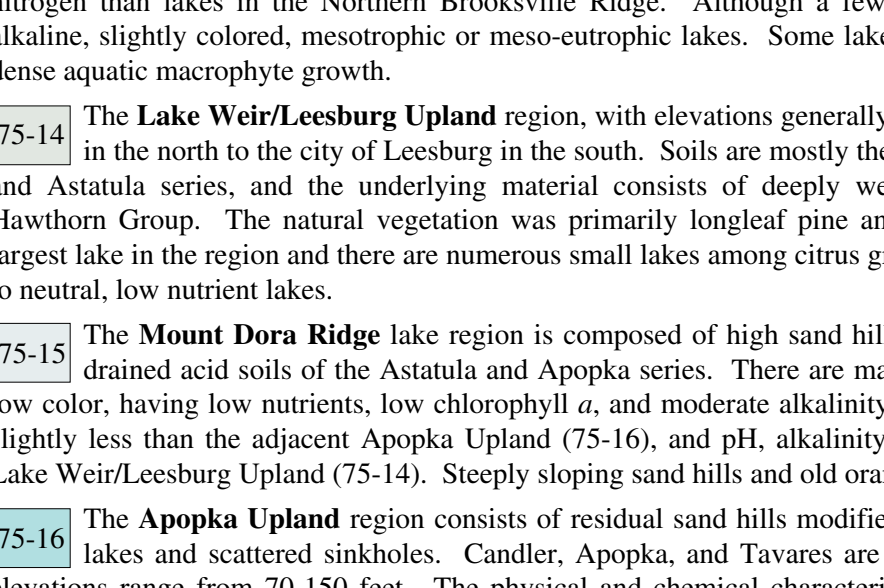
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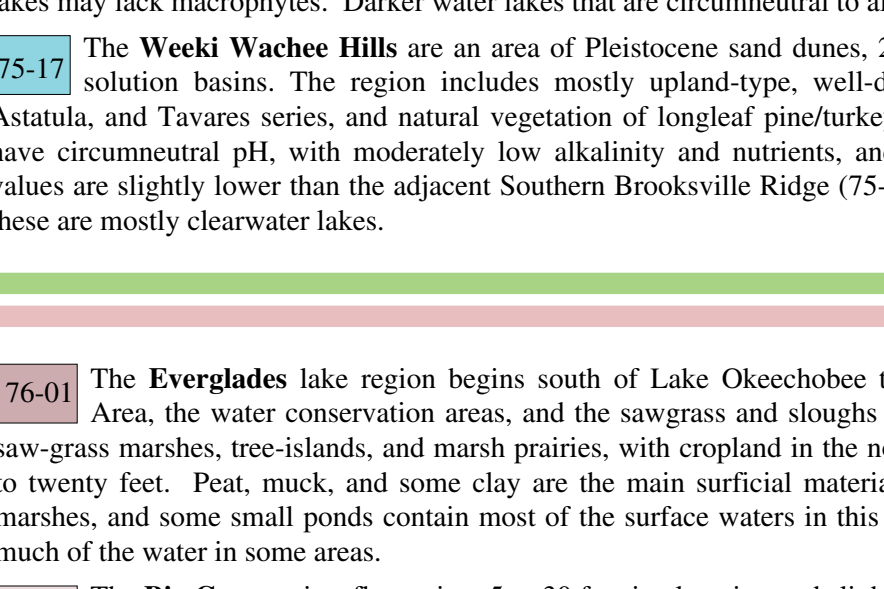
The Upper Santa Fe Flatwoods region, with elevations generally 120-180 feet, is an area of pine flatwoods and some swamp forests. Lakes in this region include Alto, Butler, Crosby, Hampton, Hickory Pond, Little Santa Fe, Punchbowl, Rowell, Sampson, and Santa Fe. The lakes occur on thin Pliocene-Pleistocene sediments that overlie the deeply weathered sand and kaolinitic clay of the Miocene Hawthorn Group. The lakes of the region are slightly acidic, colored, with low to moderate nutrients. The pH and alkalinity levels are slightly higher than the Okfeoknee Plains (75-02) to the north, and phosphorus levels of the lakes are relatively low, averaging in the 10-15 µg/L range. Lakes Rowell and Sampson have different water chemistry values due to wastewater treatment plant discharges from the city of Starke via Alligator Creek.



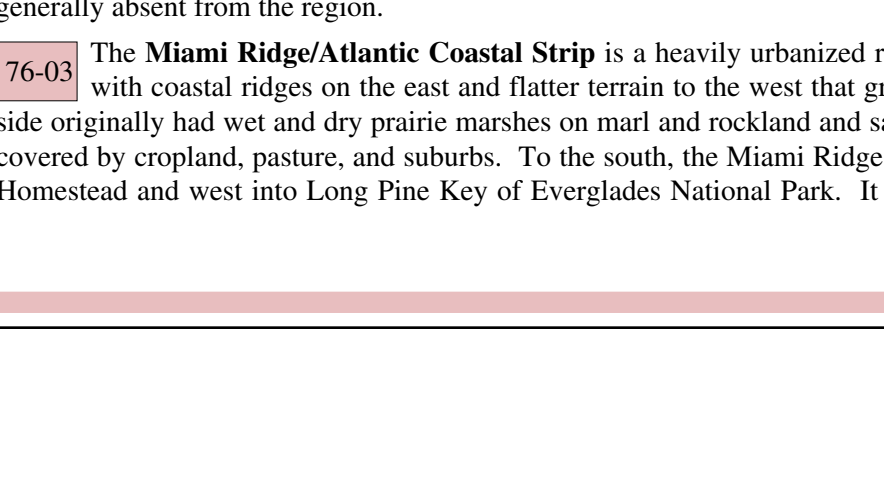
From a narrow ridge in the north, the Trail Ridge lake region broadens to the south, becoming a karstic landscape with numerous solution depressions and lakes. The region is dominated by well-drained, nutrient-poor upland soils, such as the Candler, Apopka, Astutula, and Tavares series, with longleaf pine-xerophytic oak vegetation. Lakes in the Trail Ridge region are mostly small, acid, clear, oligotrophic lakes. To the south, conductance and macrophytes in the lakes tend to increase. Atmospheric deposition might be contributing to some acidification of lakes in this region. Kingsley Lake is one of the largest lakes in the region and one of the deeper lakes in Florida. It differs from other Trail Ridge lakes, with higher pH, alkalinity, and a different cation/anion mix that reflects groundwater inputs.



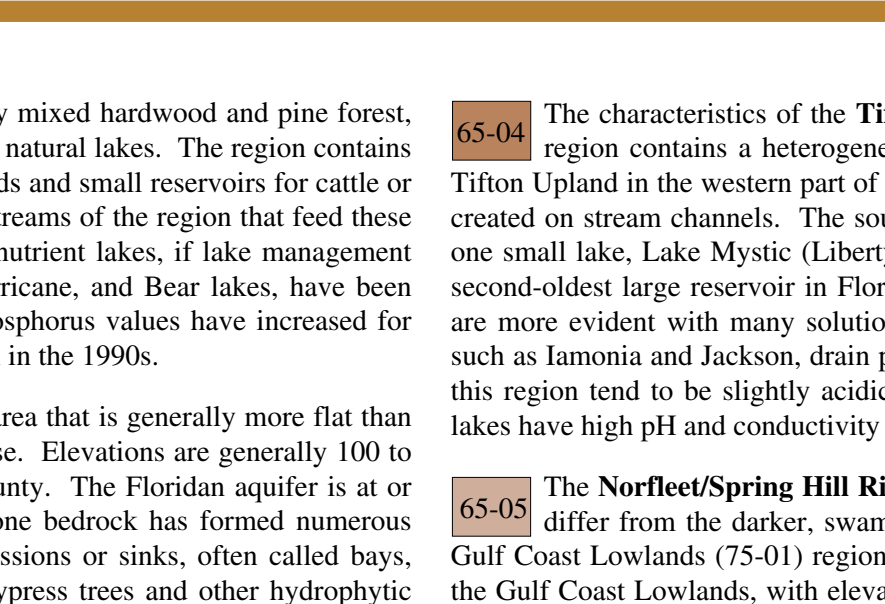
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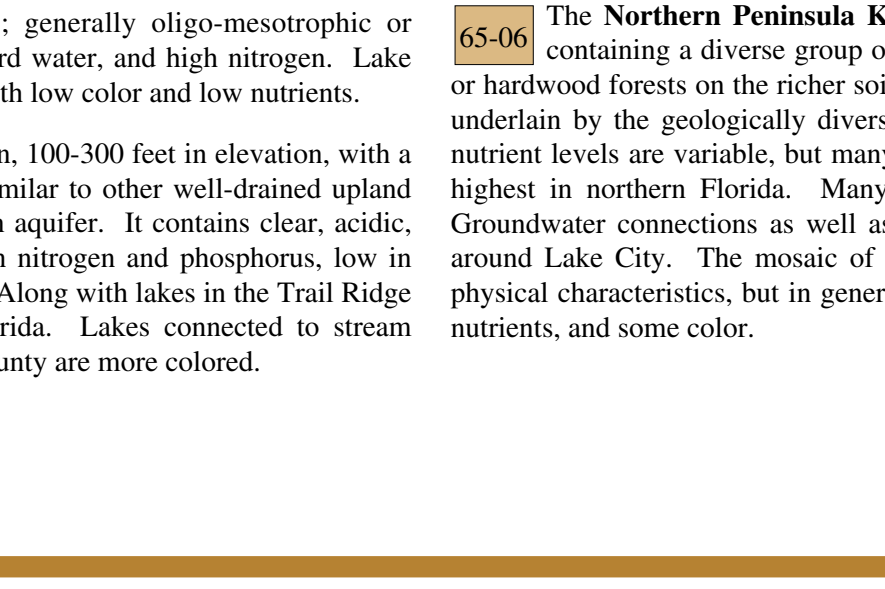
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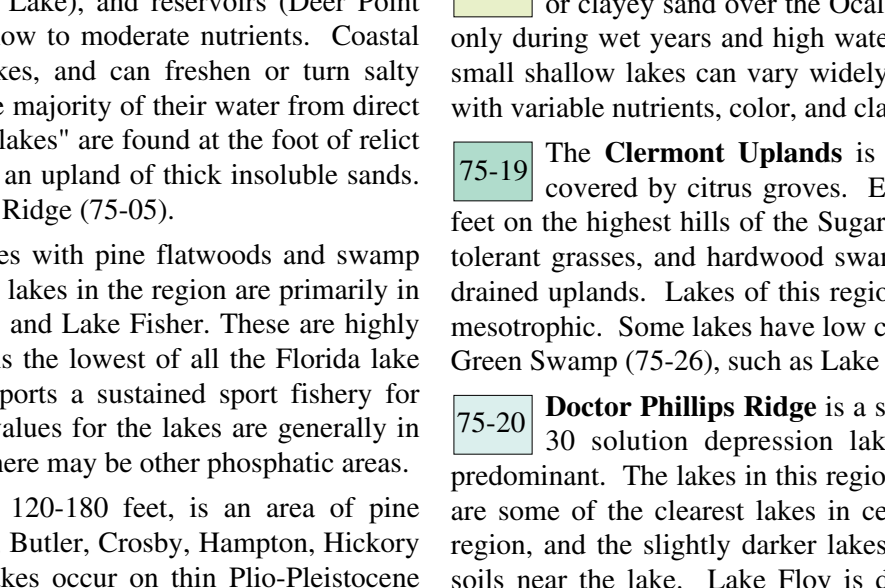
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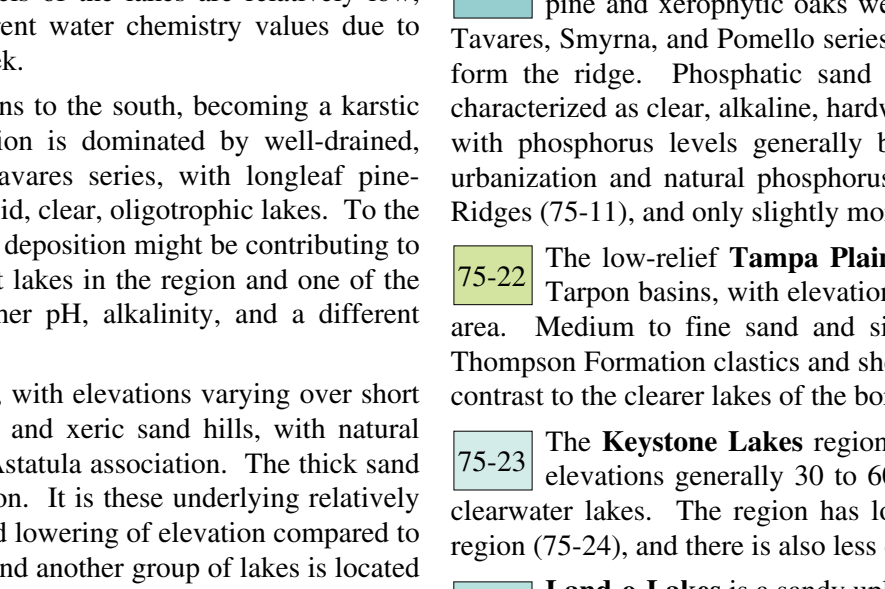
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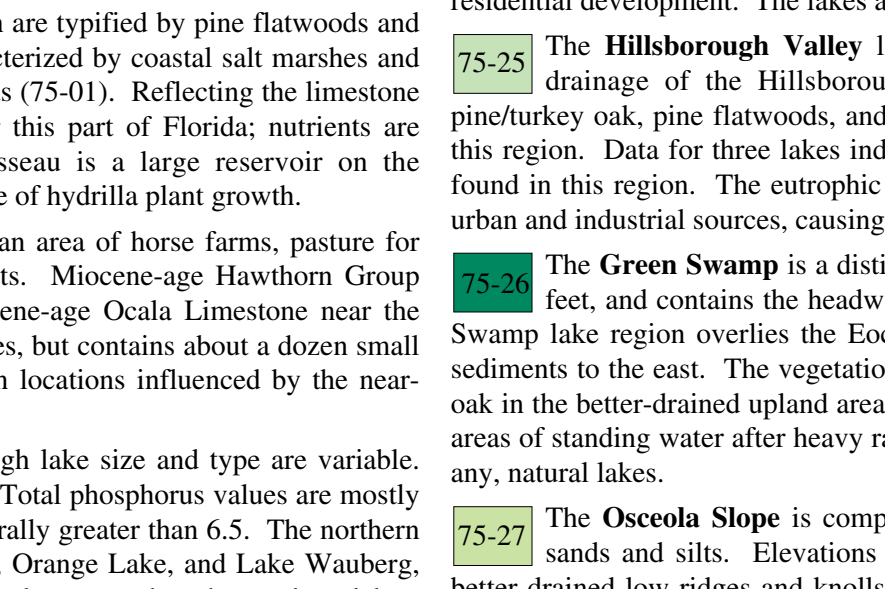
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