

Florida Keys Overseas Heritage Trail
SOUTHBOUND
Key Largo to Key West
(last updated 5/10/11 – Monica Woll)

**The sections marked with an asterisk* call for an “ advanced ride” skill level, as the route requires riding on the shoulder or bridges of US 1 where there is no existing trail.*

Key Largo

- MM 106.5 Future Trailhead (north of the Circle K store)
- MM 106.4-99 Trail starts at Garden Cove Rd on Oceanside of US 1. Ride to traffic light @ Walgreen’s & CVS. (Side trip to Pennekamp State Park @ MM 102.5)
- MM 99 Trail crosses at light to center of north and southbound lanes of US 1.
- MM 99-96.5 Trail runs between north and southbound lanes of US 1.
- MM 96.5 Trail crosses to Oceanside of US 1.
- MM 96.5-91 **Sewer work being done in this area–walk your bike around sections.**
- Trail turns into sidewalk at MM 92 and continues over Tavernier Creek Bridge (on a catwalk).

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- MM 90.5 Cross at traffic light on Plantation Key and ride trail on Bayside of US 1. (alternate: stay on Oceanside and ride on Old Hwy which runs parallel to US 1 from MM 90.5-87.5 then carefully cross back to trail on Bayside at the Pelican Plaza)
- MM 87.5-86 Trail on Bayside
- MM 85.5-83.5 Ride on shoulder across Snake Creek Bridge, Windley Key & Whale Harbor Bridge.*
- MM 83.5-79.8 There are two options:
 - 1- Use trail on Bayside of US 1.
 - 2- Cross US 1 carefully and ride on the Old Hwy (C-905) which runs parallel to US 1.
- MM 79.5-77.5 Ride trail on Bayside of US 1 along Indian Key Fill (a causeway with 4 bridges), to Lower Matecumbe Key. *
- MM 77.5-71.9 Ride on the Old Hwy/trail on Bayside, onto new trail that will cross historic Channel 2 Bridge and end at north end of historic Channel 5 Bridge.

Middle Keys

- MM 71.9-68.5 *Ride shoulder across Channel 5 Bridge until Layton Dr. on Long Key.*
- MM 68.5-65.2 Cross to trail on Oceanside (side trip to Long Key State Park @ MM 67.5).
- MM 65.2-63 Ride on historic Long Key Viaduct. Cross to Bayside after bridge.
- MM 63-58.2 *Ride on shoulder until Guava Ave across from Yellowtail Inn on Grassy Key. *
- MM 58.2-54.5 Grassy Key segment of the FKOHT (notice wood fence between US 1 and the Bayside trail)
- MM 54.5-47 City of Marathon trail on Bayside to Seven Mile Bridge.
- MM 47-40 *Ride on shoulder of Seven Mile Bridge.*

Lower Keys

- MM 40-37 *Stay on shoulder from Little Duck Key to Bahia Honda Key.*(Side trip to Bahia Honda State Park @ MM 37 – best beaches in the Keys, gift shop & snack bar, sunset viewing from historic trestle bridge)*
- MM 37-31 *Ride shoulder from Bahia Honda State Park to Big Pine Key.*
- MM 31-29.8 Ride on completed trail from 3rd St. to Ships Way on Big Pine Key. (Side trip to Key Deer Refuge –go to visitors center in shopping center at traffic light for info and map).
- MM 29.8-15 *Ride shoulder of US 1 to MM 15.*
- MM 15-11 Cross US 1 to Oceanside at Baby's Coffee and ride Saddlebunch segment of trail across five historic bridges.
- MM 11-10.9 Walk your bike along shoulder of US 1 for 1/10 of a mile.
- MM 10.9-9.5 Ride trail on Big Coppitt Key and across Rockland Historic Bridge.
- MM 9.5-5.5 *Cross to Gulf side and ride on shoulder of US 1 on East Rockland and Boca Chica Keys.*
- MM 5.5-4 Ride trail on Gulf side to 1st traffic light on Key West.

Key West

- Take a left at first traffic light at entrance to Key West and ride on sidewalk/bike path. (Option to go right and follow N. Roosevelt Blvd. into old town Key West).
- Sidewalk follows sea wall along Atlantic Ocean.
- Turn right on Bertha St., then first left onto Atlantic Blvd. and ride sidewalk/path.
- Follow trail to end of FKOHT at Higgs Beach Trailhead just before Reynolds St.
- Side trip to Southernmost Point–continue up Reynolds St. and take a left on South to the end–you can't miss the Southernmost Point marker! (Continue to Fort Zachary Taylor State Park by riding north on Whitehead St. and taking a left on Southard, which leads to state park entrance.)

Please note that you ride at your own risk and be sure to follow standard bicycle safety practices when biking the Florida Keys Overseas Heritage Trail.

- Helmets and safety vests are strongly recommended.
- Biking at night is not recommended. If you must ride at night, you are required to have a headlight in front and a flashing red light in back, at minimum.