

Florida Keys Overseas Heritage Trail
NORTHBOUND
Key West to Key Largo
(last updated 5/10/11–Monica Woll)

**The sections marked with an asterisk* call for an “advanced ride” skill level, as the route requires riding on the shoulder or bridges of US 1 where there is no existing trail.*

Key West

- Start at the Southernmost Point monument on the corner of South and Whitehead Streets.
- Travel east on South Street to Reynolds Street and take a right. Take Reynolds Street to the end and go left on Atlantic Blvd past Higgs Beach, the Southernmost trailhead for the FKOHT.
- Take Atlantic to the end and turn right on Bertha Street and ride one block to South Roosevelt Blvd. and go left. The sidewalk will turn into a sea wall after you pass Smathers Beach. Follow as it bears left to stop light.
- Cross at the light and go right to head north out of Key West on the bike path.

Lower Keys

- MM 4-5.5 Ride bike path on Gulf side to Key Haven Rd just past Stock Island.
- MM 5.5 Cross to Oceanside.
- MM 5.5-7 *Ride on shoulder of US 1 and use catwalk over Boca Chica Channel onto Boca Chica Key (need to lift bike over guardrail to use catwalk or continue using shoulder over the bridge).*
- MM 7-9.5 *Ride on shoulder on Boca Chica Key.*
- MM 9.5-10.9 East Rockland Keys-ride over historic East Rockland Channel Bridge and new trail.
- MM 10-11 *Ride shoulder of US 1 for approximately 1/10 of a mile.*
- MM 11-15 After you pass boat ramp, ride Saddlebunch segment of FKOHT across five historic bridges to Baby’s Coffee.
- MM 15-26 *Ride shoulder of US 1 (short trail segments at MM 21 and MM 24.5-25).*
- Ride new trail from MM 26 on Ramrod Key to Big Pine Key (must use shoulder of DOT bridges across Torch-Ramrod, Torch, South Pine & North Pine channels).
- MM 30.5 Ride shoulder of US 1 and new trail (not entirely completed) through Oceanside of Big Pine Key (Side trip to Key Deer Refuge–cross at light to go to visitors center in shopping center for info and map).
- MM 31-40 *Ride shoulder of US 1 from Big Pine Key to Little Duck Key (side trip to Bahia Honda State Park at MM 37). *

Middle Keys

- MM 40-46.8 *Ride on shoulder of Seven Mile Bridge *
- MM 46.8-47 *Ride shoulder of US 1 until MM 47 signpost at the Welcome to Marathon sign. (there is little to NO shoulder from MM 47–48).* Cross road carefully to Knight’s Key Historic Bridge parking lot (side trip across 2-mile historic bridge to Pigeon Key) or take ramp on the right down to Pigeon Key Visitors Center and follow path that takes you under US 1 next to Sunset Grille & Raw Bar Restaurant–you will have to walk your bike up some steps.

- MM 47-58.2 Ride Bayside trail thru Marathon to Grassy Key (part of which will be behind a vegetation buffer) to Guava Drive.
- MM 58.2-63 *Cross US 1 at Guava Drive and ride on shoulder until you reach the Conch Keys, using the historic bridges at Tom's Harbor Channel (MM 60.5) and Tom's Harbor Cut (MM 61.5).*
- MM 63-65.2 Ride on historic Long Key Viaduct.
- MM 65.2-68.5 Ride on bike path on Oceanside (side trip to Long Key State Park @ MM 67.5).
- MM 68.5-73.7 *Ride shoulder from Layton Dr. across Channel 5 Bridge to Craig Key.*

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- MM 73.7-77.5 Ride new Bayside trail from north end of Channel 5 bridge to Tollgate Road and continue on trail that follows the old highway for the length of Lower Matecumbe Key until you reach Robbie's Marina.
- MM 77.5-79.8 *Cross US 1 (carefully) and ride shoulder of Lignumvitae Channel Bridge to bike path along Indian Key Fill (a causeway with four bridges), to Upper Matecumbe Key.*
- MM 79.8-83.5 Ride Oceanside bike path (option to ride three miles on the Old Hwy/C-905: veer onto this back road at LaSiesta Resort-MM 80.5).
- MM 83.5-85.5 *Ride on shoulder across Whale Harbor Channel, on Windley Key and across Snake Creek Channel (option to ride on Old Hwy/C-905 on Windley Key for one mile: turn right after Holiday Isle Resort to access).*
- MM 85.5-87.5 Ride bike lane on Oceanside of Plantation Key.
- MM 87.5-90.8 At Pelican Plaza, get onto Old Hwy/C-905 and ride the remainder of Plantation Key. After you pass the stop sign at Bessie Rd. and US 1, you will see a sidewalk on the left in front of Made to Order Café parking lot.
- MM 90.8-91 Sidewalk becomes a catwalk across Tavernier Creek Bridge.

Key Largo

- MM 91-92 Ride on the sidewalk.
- MM 92-96.5 Sidewalk becomes a trail (side trip to Harry Harris County Park—take a right on Burton Road at the Circle K and follow bike lane one mile to the park gate).
- MM 96.5 Cross the northbound lanes of US 1.
- MM 96.5-99 Ride trail between the north and southbound lanes of US 1.
- MM 99 Trail crosses to Oceanside of US 1 at traffic light in front of CVS.
- MM 99-106.4 Trail stays on Oceanside to Garden Cove Rd, the northern end of the FKOHT (side trip to Pennekamp SP at MM 102.5).
- MM 106.4-106.5 Trail ends at Garden Cove Road. No trail to future trailhead on Reef Drive (north of Circle K).

Please note that you ride at your own risk and be sure to follow standard bicycle safety practices when biking the Florida Keys Overseas Heritage Trail.

- Helmets and safety vests are strongly recommended.
- Biking at night is not recommended. If you must ride at night, you are required to have a headlight in front and a flashing red light in back, at minimum.