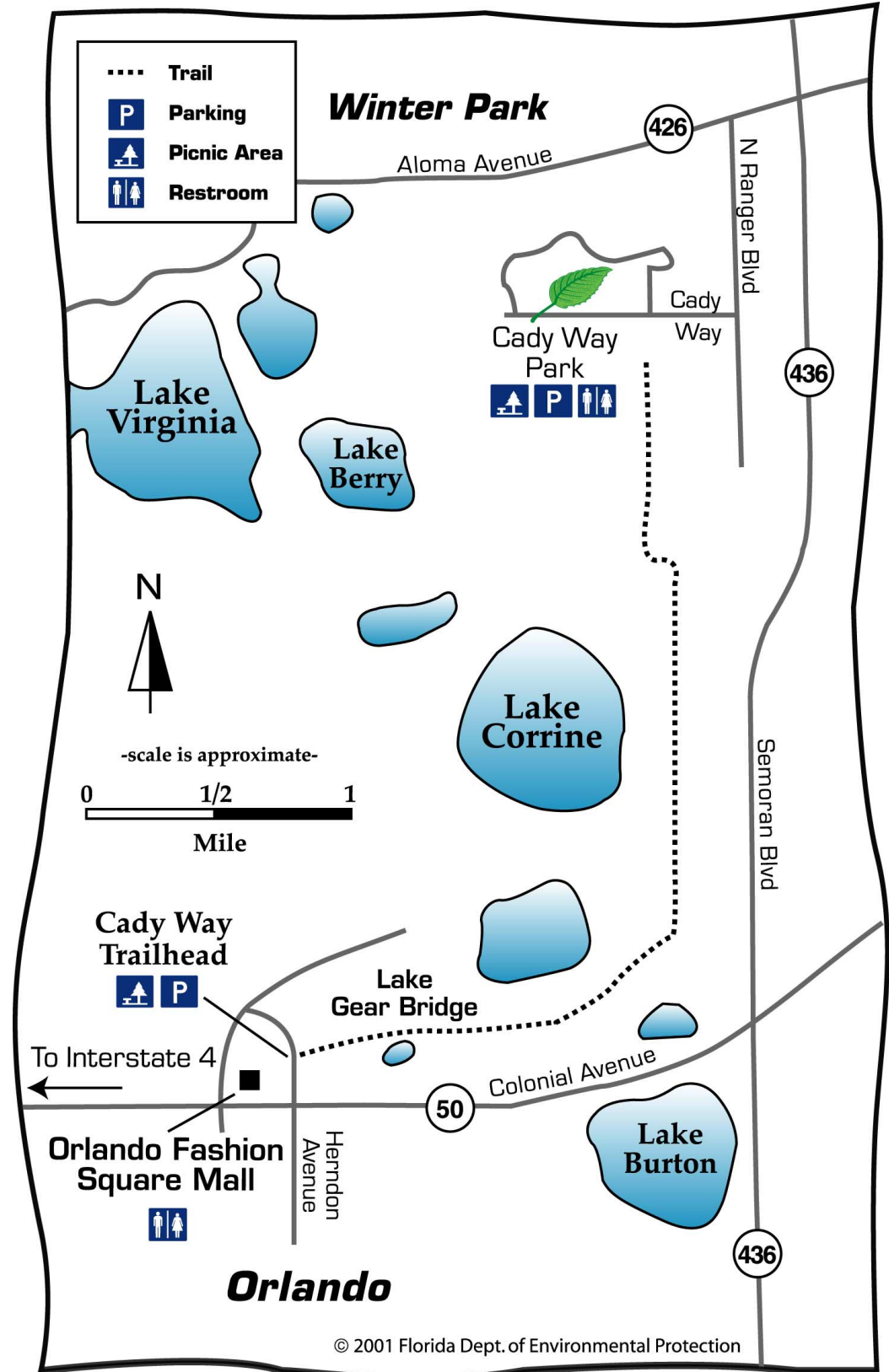


Cady Way Trail

This urban trail which opened in 1994 is a favorite of Orlando area bikers, joggers, and skaters. It runs from the Fashion Square Mall area in Orlando (southern trailhead) to Cady Way Park in the community of Winter Park (northern trailhead). For some of its length in the south, the trail passes the former Orlando Naval Training Center which is now owned by the City of Orlando. The trail also passes by residential areas, a golf course and a memorial garden. Certain portions even provide shade under a full tree canopy. This is a bustling trail, particularly on weekends, offering the visitor a chance to experience the excitement of an urban trail.



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Cady Way Trail

Major Activities: Walking, Hiking, Biking, In-Line Skating (replace text with icons)

Trail Length: 3.5 miles

Trail Surface(s): Paved (asphalt), 12 feet wide

Wheelchair Accessible: Yes

Fee: None

County: Orange

Nearby Cities: Orlando

Notes: Restroom facilities and parking are located at the trailheads. Water is also available at three points along the trail.

The trail will eventually connect into a network of trails that will also include the Cross Seminole Trail to the north and the Little Econ Greenway to the east.

Access/Directions:

Southern Trailhead

From Interstate 4 in downtown Orlando... exit on SR 50 (Colonial Drive) and proceed east approximately 2.5 miles to Herndon Avenue. Turn left. The trailhead is located .25 mile north, adjacent to the Fashion Square Mall and the Post Office.

From SR 436 (Semoran Blvd)... turn west on to SR 50 (Colonial Drive) and proceed approximately 1.5 miles to Herndon Avenue. Turn right. The trailhead is located .25 mile north, adjacent to the Fashion Square Mall and the Post Office.

Northern Trailhead

From SR 436 (Semoran Blvd), turn west on to SR 426 (Aloma Avenue) heading towards Winter Park. Proceed to Ranger Blvd. Turn south (left). Proceed to Cady Way and turn west (right). The trailhead is located at Cady Way Park.



Contact Information:

Orange County Parks and Recreation Department
4801 W. Colonial Drive
Orlando, FL 32808
(407) 836-6200
<http://parks.onetgov.net/>



www.floridagreenwaysandtrails.org